

- Stop smoking support
- Management of weight, bullying, eating disorders and sexual health advice
- Signposting children and young people with additional needs to relevant services
- Support for parents in behaviour management and positive parenting
- Support for pupils in their transition to secondary school.

### Safeguarding

School nurses take an active part in representing health in accordance with the London Child Protection Procedures (April 2011) supporting vulnerable children and young people.

### Your opinion matters

Oxleas NHS Foundation Trust is committed to providing the highest standards of care, so we welcome your views on the services we provide. If you would like to comment, make a suggestion

or make a complaint, please speak to the person you normally see or ask to speak to the team manager.

You may also like to speak to our Patient Advice and Liaison Service (PALS) by ringing the freephone number on 0800 917 7159.

### Confidentiality

All our staff are required to abide by a strict code of conduct on confidentiality. We will only share information with those who need to know in order to provide good quality care. Occasionally there may be exceptions to this, for example to support a clinical audit or to monitor the quality of care provided. We will usually discuss this with you beforehand.

### How to contact us

#### Erith Health Centre

50 Pier Road  
Erith  
Kent DA8 1RQ  
Tel: 01322 357914

#### Wrotham Road Clinic

Wrotham Road  
Welling  
Kent DA16 1LS  
Tel: 020 8301 4670

# School Nursing Service



Information leaflet  
for parents and  
teachers

February 2012

## School Nursing Service

Children and young people in schools have access to a school nurse who offers a confidential service. They are seen as approachable and supportive by young people and competent practitioners by other professionals. They have experience of working in multi-agency teams and know how to signpost on to other services if necessary.

## The Team

Led by nurses who have a specialist community public health nursing degree, the team consists of community staff nurses and healthcare assistants who are supported by an administrator.

## Aim

We provide a service that aims to promote a healthy lifestyle for children and young people.

## We do this by:

- Providing training sessions for school staff to manage medical conditions in schools
- Facilitating healthcare planning for children with medical needs
- Referral to other agencies, as and when required
- Providing a service which enables children, young people and parents to manage Enuresis (bed wetting).

## Primary School

- Providing health screening to pupils on school entry this includes height and weight and in year 1 hearing and vision
- Screening of children in year 6 for height and weight as part of the National Child Measurement Programme
- Providing support and advice to children and young people in regard to weight management.

## Secondary school

- Delivering sex and relationship education in conjunction with the schools and teaching staff
- Offering a one to one confidential drop in service, advice on diet, exercise, smoking, mental health issues and sexual health
- Running sexual health clinics in a number of schools which offer C-cards, condoms and emergency contraception
- Operating a mobile phone text messaging service for pupils to access information, giving advice and support surrounding any issues that the young person may have concerns about
- Administering the HPV immunisation for girls in year 8 and BCG immunisation according to the National Immunisation Policy.

## Mental health and psychological wellbeing

We offer Tier 1 support services to children and young people. We also undertake the following: